

Dish: Ep 14 - 31st August 2022

Name of episode Paul Chowdhry and crab, broad bean & lemon pappardelle

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| <p>Nick Grimshaw Just so you know, our podcast might contain the occasional mild swear word or adult theme</p> |
| <p>Hello and welcome to this week's episode of Dish from Waitrose. I'm Nick Grimshaw and, oh my God, look. Angela Hartnett.</p> |
| <p>Angela Hartnett Hello, Nicholas.</p> |
| <p>Nick Grimshaw Angela, what do we do every week on this podcast?</p> |
| <p>Angela Hartnett Well, every week we have a famous face come round. I do some cooking. You do a bit chatting. We have a drink, we have fun.</p> |
| <p>Nick Grimshaw Mainly, though, we make a fantastic meal. A meal you can try yourself at Waitrose.com/dishrecipes.</p> |
| <p>Angela Hartnett Dish Recipes.</p> |
| <p>Nick Grimshaw Dish recipes. I know this is a podcast, but this looks very cheffy today. What we've got going on here is a round wooden chopping board with some freshly made pasta covered in flour. Now, if I went to your house, Angela, this is what I would expect all your sides to look like. Like, 'I'm just a chef.'</p> |
| <p>Angela Hartnett My friend came over recently for lunch. And we did have fresh pasta. She said, 'This is just what I expect when I come to your house.'</p> |
| <p>Nick Grimshaw Yeah, that's what I expect.</p> |
| <p>Angela Hartnett 'I'd very disappointed.' I said, 'Do you think I've got time to be doing this all day?'</p> |
| <p>Nick Grimshaw What are we having today for Paul?</p> |
| <p>Angela Hartnett We're going to have fresh pappardelle with broad beans and crab.</p> |
| <p>Nick Grimshaw Mmm. I love crab and pasta.</p> |
| <p>Angela Hartnett Nice and summery bit of basil in there, tarragon, dill, fresh lemon. Yeah, not loads of ingredients, but just great ingredients.</p> |
| <p>Nick Grimshaw Just good ones. And it also smells very herby.</p> |

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| Angela Hartnett Are you gonna have herbs in your garden? |
| Nick Grimshaw I do really want a herb garden, that is what I've envisioned. So, yeah, I always buy them from the supermarket. You know, you can buy the pots. And then always never have a pot. So they always look a bit horrible in them. |
| Angela Hartnett Oh you've got to. |
| Nick Grimshaw So I always buy them from the supermarket, you know you can buy the pots, and then always never have a pot, so they always look a bit horrible in them plastic things on your shelf. |
| Angela Hartnett Yeah. |
| Nick Grimshaw And then they always die because I don't water them. Like, 'why have they died?' You've neglected them. So do you have fresh ones outside? |
| Angela Hartnett Yeah, I have them. And you can get some hardy ones that will last you a year. |
| Nick Grimshaw Yeah like what? |
| Angela Hartnett Like lovage will, sage will, marjoram, those sort of ones. Parsley. And then you just trim, herbs when you cooking up. |
| Nick Grimshaw Did I ever tell you about the lemon in Ibiza? So when we went in Ibiza, there was all lemon trees in the garden. And I was making lunch one day, so I went out and pulled a lemon from the tree, and Mesh went, 'What are you doing?' I said, 'Getting a lemon.' He went, 'What for?' I said, 'For the salad.' He went, 'No, no, I don't want one. I want a fresh one', I said 'That is fresh.' He went, 'No, but from a shop?' I went 'That is fresh.' And he was like, 'Anything could have gone in that.' I said, 'What do you mean?' He's like 'A caterpillar. Anything. Ants...' And I went 'Yeah, but that could happen at the shop.' He's like 'No I want the shop one,' and he thought it was- |
| Angela Hartnett Seriously?! He would not eat it or. |
| Nick Grimshaw He did eat it but I had to talk him into it and they had all fresh herbs and he was like, 'No because there's cats out here, they could be weeing on them.' I was like, 'Yeah, but that could happen anywhere.' |
| Angela Hartnett But you know when you go to one of your trendy East London restaurants and they're saying they foraged, just remind him where they foraged in East London. |
| Nick Grimshaw Oh, yes that dirty park. |
| Angela Hartnett Where all our dogs are going. Yeah, yeah. He won't want that. |

Nick Grimshaw He said our neighbour, as well, he said he was chatting to our neighbour over the fence and he went 'Hey, I saw him just pull a berry off a bush and eat it.' I went 'Yeah, that's where they're from.' He was like, 'I don't know about that.'

This week we have a record breaking comedian who has sold out more shows than Angela has cooked hot dinners.

Angela Hartnett Really? You think so?

Nick Grimshaw We might have to fact check that to be fair. He knows a thing or two about dealing with hecklers... So he should be at home with our brutal crew and like most of us, balances staying fit and healthy by just enjoying massive bags of crisps. He's a man after our own heart.
It is the wonderful Paul Chowdhry, everyone.

Nick Grimshaw Oh, hi, Paul. How are you?

Angela Hartnett How are you?

Paul Chowdhry Big fans of yours.

Nick Grimshaw How are you? Thanks for coming to see us. Hi, Paul. Welcome to our kitchen.

Paul Chowdhry Brought you a present.

Nick Grimshaw No!

Angela Hartnett We love a present

Nick Grimshaw Oh, what is that? Khataa Meetha

Paul Chowdhry I've made it look more expensive.. Yeah, this is Khatta Meetha. Which is in Hindi, Khatta Meetha, 'khatta' is bitter and 'meetha' is sweet.

Nick Grimshaw 'Proud to be the number one Indian snack brand.'

Paul Chowdhry Thank you, oh you are talking about that...

Nick Grimshaw Well, let's have some.
Angela, why do we have crisps in a bowl? I don't normally see crisps in a bowl.

Angela Hartnett Well, I'm a big fan of crisps you are. But most importantly, our guest, Paul, is. This is your after-show snack, isn't it?

Paul Chowdhry Yeah.

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| Angela Hartnett You know. |
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| Paul Chowdhry You done your research. |
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| Angela Hartnett Done my research. |
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| Nick Grimshaw Man likes crisps. |
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| Paul Chowdhry Man likes crisps when I'm up and down the motorway on tour. Unfortunately, the service stations haven't really caught up with the modern palate. |
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| Angela Hartnett Very true. |
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| Paul Chowdhry Ginsters pies and crisps, obviously. I don't want to product place those. |
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| Angela Hartnett There are many other pies. |
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| Paul Chowdhry There many other pies for lorry drivers. So, I normally go through like one of the big industrial sized packets of crisps and that's pretty much my diet on tour. |
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| Nick Grimshaw Do you try and like find the healthy stuff at a service station? Because I tried to do that the other week when I drove to Manchester. Impossible. |
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| Paul Chowdhry There's nothing healthy in a service station. |
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| Nick Grimshaw No, I tried to just do, like, tapas. So, like, get some ham, and get some olives. But it's really hard to eat tapas when you're driving. |
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| Angela Hartnett Sitting there threading your cocktail stick with a little bit of an olive. |
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| Nick Grimshaw Pass the parmesan. Yes. Well these are crisps to remind you of.... |
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| Paul Chowdhry Touring life. |
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| Nick Grimshaw Yeah, of touring life. |
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| Angela Hartnett Tell us about the snack you bought us. |
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| Paul Chowdhry Yeah, yeah. I bought this Khatta Meetha |
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| Nick Grimshaw Uh huh. |
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| Paul Chowdhry It's a real family favourite |
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| Nick Grimshaw Yeah. I mean, it sounds win-win to me. You go first, Angela. |
| Paul Chowdhry Let it settle on your palate |
| Angela Hartnett Let it settle? |
| Paul Chowdhry Give me some. |
| Angela Hartnett Move it around like a good wine, is that what you're saying? |
| Paul Chowdhry Yeah, gargle it |
| Nick Grimshaw Oh, my God. Yeah. So into that. |
| Paul Chowdhry You like it? |
| Nick Grimshaw Mhm. So good. |
| Nick Grimshaw Let's just sack off your meal Angela, and have this. |
| Angela Hartnett Yeah, have this one. Would you like some? We're just sitting here munching away. |
| Paul Chowdhry I'm alright |
| Nick Grimshaw You don't want that after we put all our fingers in it? |
| Paul Chowdhry Not after you've put your fingers, yeah. |
| Nick Grimshaw It's always a funny time, when to eat your tea. So, when do you eat before you have a show? Do you eat before or after? Or what do you do? |
| Paul Chowdhry Stage time is like eight o'clock so I've got to eat like seven, half seven. But then you do get hungry after you've done two hours on stage and then you don't sleep till like three in the morning. So that's the difficult part, is trying to keep a physique like I have. |
| Angela Hartnett Yeah, you have ... |
| Paul Chowdhry Yeah, you two. |
| Nick Grimshaw Yeah. Because you have an eight-pack, I've heard. |
| Paul Chowdhry Thanks a lot. |
| Nick Grimshaw I've never even heard of an eight pack till today. They're better than a six. |

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| Paul Chowdhry The six and you've got- the bottom two are the hardest ones to get. |
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| Nick Grimshaw Oh. |
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| Angela Hartnett Well done. |
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| Nick Grimshaw So how'd you get that? |
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| Paul Chowdhry Crisps from the service stations, Khatta Meetha. |
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| Nick Grimshaw So if I just eat this bowl, I'll get an eight pack. |
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| Angela Hartnett Yeah, yeah, exactly. |
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| Paul Chowdhry You got a one-pack on top of an eight-pack. |
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| Nick Grimshaw Yeah. Mm. Yeah, no I like them. But do you have to try and like really work for that or are you one of them people who just accidentally has it? |
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| Paul Chowdhry Well, you know, I'm a mature man now, so I go for high protein and good carbs. |
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| Nick Grimshaw Okay. What do you think is a good carb? |
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| Paul Chowdhry Vegetables, cauliflower rice. You can find replacements for starchy food - starch, which enters the body and then turns into sugar, which then turns into fat, people don't know. White bread, so I go for rye instead, so you can find replacements for certain things, and high protein intake. When you have cravings, just drink more tea and water and stuff. |
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| Nick Grimshaw I always try that, it never works for me. You know when you're like, I'm starving and your mum says, 'Have a glass of water', I'm like, shut up. So, it says, here we have this quote from you, which we love in a recent interview, 'I'm the worst person to have at parties because I don't drink, smoke or do drugs. So they're expecting a rock and roll star to turn up and they end up hanging out with a librarian who actually doesn't read much.' So welcome to our party. |
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| Paul Chowdhry I didn't bring drugs or alcohol unfortunately, which doesn't suit the to the profession really. Entertainers back in the seventies and eighties, you know, this table would have been very different. |
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| Nick Grimshaw I am concerned that you have mentioned starch and today we are going have pasta. |
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| Angela Hartnett Oh, god, yeah. |
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| Paul Chowdhry Oh, is it white starch? |

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| Angela Hartnett Yeah, white starch. |
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| Paul Chowdhry White pasta, so that's the one that does turn into fat. |
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| Nick Grimshaw Yeah. Is it instant? |
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| Paul Chowdhry It does, yeah, it stores on the lower two abs. |
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| Angela Hartnett Would you like just the garnish, and none of the pasta? |
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| Paul Chowdhry Just the garnish, take the pasta out. |
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| Nick Grimshaw Wow. |
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| Paul Chowdhry Just the sauce. |
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| Nick Grimshaw In a smoothie. But don't you think homemade stuff, when something's made from hand, it's got to be all right for you. |
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| Angela Hartnett It's got to be. |
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| Nick Grimshaw Right? |
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| Paul Chowdhry Is it? |
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| Angela Hartnett & Nick Grimshaw Yeah! |
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| Nick Grimshaw I feel like pasta made by an Italian person. That can't be bad for you. |
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| Angela Hartnett It won't be bad for you, we'll run round the garden a bit, you'll be alright. |
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| Paul Chowdhry Eggs are good for you, so high protein. |
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| Angela Hartnett Eggs are good for you, yeah. |
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| Nick Grimshaw Flour, famously. |
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| Paul Chowdhry And flour. |
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| Nick Grimshaw The weight drops off. |
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| Angela Hartnett Right, so I'm going to go make that lovely pasta for you, Paul. |
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| Nick Grimshaw Do you want a hand? |
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| Angela Hartnett No, no, you carry on. Chat amongst yourselves. |
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| Nick Grimshaw We'll chat amongst ourselves. |
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| Paul Chowdhry Let's pretend no one's here. |
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| Nick Grimshaw Do you ever have a Michelin-star meal? Are you someone that seeks out like a nice restaurant for a treat? |
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| Paul Chowdhry Yeah. I know that other guy that does that celebrity dates, Fred Sirieix. |
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| Nick Grimshaw Oh, yeah. |
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| Paul Chowdhry So, he's got a restaurant with Gordon Ramsay in town, and I did his podcast once and he invited me to his restaurant, but I've never been yet. |
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| Nick Grimshaw Never went? |
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| Paul Chowdhry No, I never went. |
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| Nick Grimshaw Gave up on it. |
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| Paul Chowdhry Yeah. But I also like the more local restaurants where you get the real authentic- now it's all become these tapas type dishes, so you go to an Indian restaurant, it's like tapas type food, whereas in the traditional places it's just dumped on a plate. It's just a dollop of food, but you get the real taste and flavours, they haven't really Westernised in those, it's like real Chinese food. There's no sweet and sour, there's no like Westernised dishes. In fact, I went to one once and they said, this isn't like the Chinese restaurant you know. |
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| Nick Grimshaw It's actually Chinese. |
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| Paul Chowdhry This is real Chinese food and only Chinese people were in there. No Westerners were in there. |
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| Nick Grimshaw I do hate in a restaurant, you feel like everywhere you go has like, little plates and it's all a little bit sharey. Do you think they just do that to rip us off? |
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| Paul Chowdhry Yeah. |
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| Nick Grimshaw Cause you need to order loads. |
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| Paul Chowdhry Yeah, you order loads. |
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| Nick Grimshaw Then they're like, 'Oh, we recommend eight dishes per person.' What you talking about? |
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Paul Chowdhry And it's £12.95 per dish. You think, that's a main course, that's not a tapas.

Nick Grimshaw Yeah.

Paul Chowdhry You need five each.

Nick Grimshaw But I don't want five. Yeah. How do you feel about that Angela, as a chef?

Angela Hartnett I don't think they're doing it to rip you off. Yeah, it's just that small plates, I just think it's annoying if you get- because I've got a friend I'll go out to eat and she's like, 'I don't want a starter', and I'll order a starter and then her fork comes towards my starter and I'm like, if you want a starter, I'll pay for your starter, but don't eat my food. I'm anti all the little sharing stuff. Too much.

Paul Chowdhry Or if it's really disgusting they'll say, 'Try that.' Like, why do I want to try it if it's disgusting?

Nick Grimshaw Right. 'Ew, try this.'

Paul Chowdhry 'This is horrible. You give it a try.'

Nick Grimshaw Is there somewhere where you go that you love to go to, Paul, that you always go back to that you're like, right, Friday night that's where we're going to eat.

Paul Chowdhry Yes, I go to Waitrose ...& Partners.

Nick Grimshaw Yes, and the Partners!

Nick Grimshaw Tell us about your relationship with food. Like when you were growing, was food a big thing in your household?

Paul Chowdhry Oh, massive, yeah, massive. Come from a catering background. So we do parties, birthdays, weddings, and we had a shop in Southall, a snack bar, so I'd work at the shop making sandwiches, so my dad would open the shop at five, six in the morning. So, I come from that background, all different dishes.

Nick Grimshaw Did you like making a sandwich? I love.

Paul Chowdhry Can't beat a good sandwich, can you? It's very British, isn't it? No one make sandwiches like the Brits, do they?

Nick Grimshaw No, I don't think they do. And I love the process of it.

Angela Hartnett But what makes a good sandwich? What's your definition of a good sandwich?

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| Nick Grimshaw Condiments. I have a very well stocked condiment area in my fridge. |
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| Paul Chowdhry Of sandwiches? |
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| Nick Grimshaw Of sandwiches. You know, but I like a bit of mustard on it, maybe a bit of pickles. |
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| Paul Chowdhry Who created the sandwich? |
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| Nick Grimshaw The Earl of Sandwich. |
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| Paul Chowdhry That was his name? |
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| Nick Grimshaw Yeah. And he just was like- it's like you inventing something called, that's the Chowdhry. So, you're making sandwiches in your family business. Did you ever think maybe I'll do this as a career? |
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| Paul Chowdhry Well it takes dedication. I mean, look at this. This is incredible. |
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| Angela Hartnett Oh bless you, you've got to eat it first. |
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| Paul Chowdhry Look how quick that was. And the presentation, that's that's the most important thing. Presentation. |
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| Nick Grimshaw I have tried a few of Angela's recipes and they never look as good at home as when I do it. Try as I might. They taste good, but they never look as good. That olive oil, it looks like you know what you're doing when you've got that in your hands, don't it? |
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| Angela Hartnett So we've got this fantastic Olio del Castello. Cold extraction, unfiltered olive oil which you can get in Waitrose. And we may, you know, I think you liked this didn't you Paul? We may gift you that to go home with you. |
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| Nick Grimshaw Yeah, you can have that, Paul. Nice refreshing drink for the way home. |
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| Angela Hartnett You sent me a picture when you've worked out how to close it, cause none of us could. |
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| Nick Grimshaw None of us know. So what are we eating Angela? |
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| Angela Hartnett We've got pappardelle, fresh pasta, with broad beans, crab, olive oil and lots of herbs and lemon. |
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| Paul Chowdhry See this is very good for you apart from the pasta. |
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Angela Hartnett Apart from the pasta. But you see, I argue with you. If you eat this morning, noon and night, I agree. But once every now and again, it's not- you're going to be fine.

Nick Grimshaw Paul, tell us about your new cooking show. We thought maybe today Angela might have the day off and you could take over.

Paul Chowdhry Yeah. Giorgio Locatelli is an Italian chef, and this is his kind of debut on British television. And he's the head chef, so basically, Poppy, who's an Instagrammer, like a TikTok chef and she's done very well, and it's them two go through a dish and it's like a reality show. So, it's myself, Kerry Katona, Shaun Ryder, Kim Woodburn, and a bunch of other losers from reality shows.

Angela Hartnett And you.

Paul Chowdhry And me. So, zero experience in cooking.

Angela Hartnett Okay.

Paul Chowdhry They show you how to make a dish at the beginning of the episode, and then you have to recreate that dish, and there's different tasks. And that's where the comedy ensues, or the disaster.

Angela Hartnett So there's someone kicked out after every show.

Paul Chowdhry Every episode, yeah.

Nick Grimshaw And how was he as a teacher? Is he quite?

Paul Chowdhry Very strict.

Nick Grimshaw Very strict?

Paul Chowdhry Very Italian.

Nick Grimshaw Right. And do you think you need, Angela, a strict teacher in the kitchen?

Angela Hartnett You need a sense of discipline, I would imagine. Yeah, because it's no good him saying do it this way and then you decide, actually, I'm going to do it another way. He showed you a certain way for a reason. That's probably the way to do it.

Nick Grimshaw And did you feel the pressure when you were on it, or were you like 'This is quite funny, Kerry Katona's here.' Or, were you like, 'Oh, I've got to do it seriously'?

Paul Chowdhry Yeah, everyone is kind of competing quite seriously on this. A friend of mine did a film called Boiling Point, Ray Panthaki, who was one of the producers.

Angela Hartnett With Stephen Graham?

Paul Chowdhry Stephen Graham, yeah.

Angela Hartnett Yeah.

Paul Chowdhry Yeah, well that's real entertainment, you know, it's the kind of thing I wanted to do.

Angela Hartnett So what did you make?

Paul Chowdhry Oh, pasta. I know the process you would have gone through in this and the amount of rolling around. Pasta does take a long time to make, and mine just turned into bits and it went everywhere. And there's a time limit at the end, so whatever you finish at that time limit, you have to present that to Giorgio.

Nick Grimshaw And how successful were you without giving it away?

Paul Chowdhry Drama ensued.

Angela Hartnett Has it made you go home and cook or?

Paul Chowdhry I didn't want to look at food again.

Angela Hartnett Oh god.

Paul Chowdhry I get flashbacks of that show still, and it still hasn't been on TV.

Angela Hartnett No, no.

Paul Chowdhry Well, I'm thinking of leaving the country when it's airing.

Nick Grimshaw So, it went well?

Paul Chowdhry I won, yeah.

Nick Grimshaw Did you make any great friends on it?

Paul Chowdhry No, none of them talk to me anymore. I've been blocked on all their social media accounts. Although Kerry Katona was on my podcast.

Nick Grimshaw How was that? I'm kind of obsessed with Kerry Katona.

Paul Chowdhry Well, she tried to get me to join OnlyFans, because she does OnlyFans now.

Nick Grimshaw So don't laugh hysterically. He's got an eight pack, he'd make a killing. Make a fortune on it. But she's made a fortune off that, hasn't she?

Angela Hartnett What does she do?

Nick Grimshaw OnlyFans.

Angela Hartnett What is OnlyFans?

Nick Grimshaw Oh, boy. OnlyFans is... Well, Paul, why don't you?

Paul Chowdhry Angela, you're a very attractive young lady.

Angela Hartnett That's very kind.

Paul Chowdhry You potentially could start an OnlyFans page.

Angela Hartnett Right?

Paul Chowdhry And then I would say, 'Angela, I'm a big fan of yours. I'd like to send you some money to be subscribing to your channel on OnlyFans,' and you'd send me some pictures.

Angela Hartnett Oh, it's that sort of website.

Nick Grimshaw Yeah.

Angela Hartnett Wow, she does that, does she?

Nick Grimshaw Yeah. And you make a fortune off it.

Paul Chowdhry She's become a millionaire.

Nick Grimshaw Millionaire from it.

Angela Hartnett Seriously?!

Nick Grimshaw You could do a chef one.

Angela Hartnett Oh, no.

Nick Grimshaw Called OnlyFlans. Where you just show flans, and everyone's like, 'Oh, Tenner, for that.' You could!

Angela Hartnett She wanted you to be on that?

Paul Chowdhry Well, to start my own page. Yeah, because then she recommended Katie Price, and then it was, that was a news story when we were filming. And then Katie Price joined but didn't use her referral code, where she gets 5% or something. So, she wanted me to do and then she'd can get 5%.

Nick Grimshaw Oh yeah like Uber. You've got an eight pack, get it out for money. Might as well!

Paul Chowdhry The way things are going though.

Angela Hartnett Once this program's out you may have no one ask you to perform again.

Paul Chowdhry It's getting difficult.

Angela Hartnett It may be the one

Paul Chowdhry It's a tough world out there.

Nick Grimshaw Let's talk comedy. I think one of the scariest jobs out there. How did you make that dream come true?

Paul Chowdhry I didn't know I could turn this into a career. I just thought, I want to try it, get on stage, see what happens.

Nick Grimshaw And what do you think it was that made you want to do that? Because it's such a scary job I think.

Paul Chowdhry I grew up to a lot of British comedy. It was a family thing back then, wasn't it? The families would sit down and watch Cilla Black, Blind Date.

Angela Hartnett Saturday night entertainment, yeah.

Paul Chowdhry And I wanted to become a real family-friendly comedian.

Angela Hartnett Yeah.

Paul Chowdhry And now...

Angela Hartnett So what's changed?

Paul Chowdhry Well, actually, my tour is now called Family-Friendly Comedian.

Angela Hartnett So you were doing the clubs doing the rounds? And then sell out Wembley.

Paul Chowdhry Well, it took a bit more time.

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| Nick Grimshaw How was it doing Wembley? |
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| Paul Chowdhry I did Wembley on the last tour, and the last time I'd been there when I was a student, I went to de-rig a stage and it was the Mariah Carey concert. So, I was told to take Mariah Carey's back to the car and de-rig the stage until seven in the morning and take the stuff down. And then literally within, you know, it took a few years, but then I ended up selling out the room I was de-rigging for. To think that someone working class, like me working for £3 an hour doing security could achieve that if you work hard enough. |
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| Nick Grimshaw Was it weird when Mariah de-rigged your stage? |
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| Paul Chowdhry Take my mic to the car. That's all I had was one microphone. |
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| Nick Grimshaw And how about now that you're like, well into it, do you still get nervous when you go on stage? Do you still even get the, you know, the worry of performing in front of a crowd or being on a stage? |
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| Paul Chowdhry Yeah. You always kind of, you need a bit of that kick. |
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| Nick Grimshaw I get proper scared doing anything on stage ever, even if it's like dj-ing or hosting something or speaking at a wedding. |
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| Angela Hartnett Do you? |
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| Nick Grimshaw Always. |
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| Paul Chowdhry Yeah. We're all quite reclusive characters. |
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| Nick Grimshaw We're very shy. One of our friends the other day had a barbecue and a mutual friend of ours came around, and he's a magician. And then everyone made, like, constant magician jokes, like, 'Why did he have to ring the doorbell if he's a magician?' And he's like, 'Yep.' Do you get people being like, 'Tell us a joke then?' |
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| Paul Chowdhry Yeah, Jokes aren't really a thing, it's like a routine. |
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| Angela Hartnett Yeah. |
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| Paul Chowdhry I've got one joke which is twenty minutes, so let's just do that bit. And they're just staring at you because it's almost a conversation. |
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| Nick Grimshaw And what about hecklers? |
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| Paul Chowdhry Yeah, you get a lot of them. |
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| Nick Grimshaw You get a lot of hecklers, is that still a thing? |

Paul Chowdhry Yeah, yeah, yeah. It's weird because in America it's not a thing, but in England the audience think they're funnier than the comics on stage, especially up north. You go up to Manchester.

Nick Grimshaw Yeah. My lot, sorry about that.

Paul Chowdhry Newcastle, Liverpool, Leeds. People really get involved.

Nick Grimshaw Right. What sort of heckles are we getting? Are people getting serious, they want to get up there and have a fight?

Paul Chowdhry Yeah, you get that sometimes if you really destroy them.

Nick Grimshaw I think trying to heckle a stand-up comedian whose job it is, is being funny...Pretty stupid, innit?

Paul Chowdhry Well, you've paid to see my show. But then also they get very excited, so they want to talk to you, they think it's like a private conversation.

Angela Hartnett But what do you prefer, like a big Wembley or do you like the smaller, smaller old-school clubs?

Paul Chowdhry Yeah, I do like the clubs. That's where I kind of prepare the shows. I do like doing the small, intimate crowds and that's where you can just hone the material and then you take it onto the bigger rooms, two, three thousand seaters, ten thousand, you know.

Nick Grimshaw And do you go out and watch comedy yourself?

Paul Chowdhry Yeah, sometimes. I have been kicked out of shows.

Nick Grimshaw Have you?

Paul Chowdhry I went to see one comic and he saw me waiting to watch the show, and he came up to me and he said, 'I can't have you here.'

Angela Hartnett What was his reason, why?

Paul Chowdhry He thinks, he's got a paranoia that comics nick his material. So he said, 'All comedians are thieving so-and-so's.'

Angela Hartnett So he kicked you out and said he thought you would steal his material.

Paul Chowdhry He kicked me out, and my friend was there and he had to come with me, so he lost his seat. I managed to go back, I think, to another show where he didn't see me.

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| Nick Grimshaw So as well as your stand-up, you, of course, do the acting as well. Tell us all about Devils. |
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| Paul Chowdhry It's a banking crisis drama. So, I filmed that in Rome for six months. |
| |
| Nick Grimshaw How was that? |
| |
| Paul Chowdhry Terrible. |
| |
| Nick Grimshaw Really? |
| |
| Angela Hartnett Haha, how come? |
| |
| Nick Grimshaw Well, why did you not like Rome? |
| |
| Paul Chowdhry It's just. It's all ruins out there. |
| |
| Angela Hartnett The Colosseum? |
| |
| Nick Grimshaw Needs a lick of paint. |
| |
| Paul Chowdhry They still haven't demolished that place. |
| |
| Nick Grimshaw So old. |
| |
| Paul Chowdhry Put a Waitrose there. |
| |
| Nick Grimshaw Come on! So you didn't like it at all, what about, like, the food? |
| |
| Paul Chowdhry Yeah, the food is great, actually. They do know how to make a good tiramisu, which I also made on the Celebrity Cooking School |
| |
| Angela Hartnett Very nice. How did Georgio like your tiramisu? |
| |
| Paul Chowdhry Yeah, actually, that went down very well. There was a bit of controversy with that because one of the contestants stole my tiramisu and tried to submit it as his tiramisu. |
| |
| Angela Hartnett Outrageous, hope you sufficiently berated him for that? |
| |
| Paul Chowdhry Oh, yeah, yeah, I destroyed him, but I think they might cut that out, because he got quite upset over what I said. |
| |
| Nick Grimshaw When can we see your tour and where can we see it, Paul? |
| |

Paul Chowdhry I'm back on tour in October, back in London at the Hackney Empire. I think Giorgio's coming down to that one. I'm going to have a booth, you know, one of those like a royal booth, I'm going to have the chef's booth.

Angela Hartnett Oh, right. Can I sit in there with Giorgio?

Paul Chowdhry You and Giorgio and Poppy.

Angela Hartnett Yeah, nice.

Paul Chowdhry And we'll Gordon Ramsay and Fred Sirieix.

Nick Grimshaw Get a hob in there.

Angela Hartnett Yeah

Nick Grimshaw Get it going.

Paul Chowdhry No microwave.

Angela Hartnett No microwave.

Paul Chowdhry Chefs hate microwaves.

Nick Grimshaw They do.

Angela Hartnett Allegedly.

Nick Grimshaw Paul, good luck with the tour.

Angela Hartnett Yes.

Nick Grimshaw Thank you so much for coming to join us today.

Paul Chowdhry It's been an honour and the food has been incredible.

Nick Grimshaw Paul Chowdhry, everybody. Thanks Paul. That was delicious.

Nick Grimshaw All the recipes and drinks can be found on the Waitrose website at waitrose.com/dishrecipes.

Angela Hartnett Follow Dish from Waitrose wherever you get your podcasts. Tell your friends, tell your family, and why not leave us a review on Spotify and Apple Podcasts?

Nick Grimshaw We can't all have a Michelin-star chef in the kitchen, but you can get some Michelin-star advice. Email your questions for Angela to dish@waitrose.co.uk.

